



# Gambling Environment Exposure Increases Temporal Discounting but Improves Model-Based Control in Regular Slot-Machine Gamblers

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## ABSTRACT

Gambling disorder is a behavioral addiction that negatively impacts personal finances, work, relationships and mental health. In this pre-registered study (<https://osf.io/5ptz9/>) we investigated the impact of real-life gambling environments on two computational markers of addiction, temporal discounting and model-based reinforcement learning. Gambling disorder is associated with increased temporal discounting and reduced model-based learning. Regular gamblers ( $n = 30$ , DSM-5 score range 3–9) performed both tasks in a neutral (café) and a gambling-related environment (slot-machine venue) in counterbalanced order. Data were modeled using drift diffusion models for temporal discounting and reinforcement learning via hierarchical Bayesian estimation. Replicating previous findings, gamblers discounted rewards more steeply in the gambling-related context. This effect was positively correlated with gambling related cognitive distortions (pre-registered analysis). In contrast to our pre-registered hypothesis, model-based reinforcement learning was improved in the gambling context. Here we show that temporal discounting and model-based reinforcement learning are modulated in opposite ways by real-life gambling cue exposure. Results challenge aspects of habit theories of addiction, and reveal that laboratory-based computational markers of psychopathology are under substantial contextual control.

RESEARCH ARTICLE

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Gambling disorder is a behavioral addiction that can have detrimental effects on quality of life including personal finances, work, relationships and overall mental health (Blaszczynski & Nower, 2002; Muggleton et al., 2021). Despite these negative consequences, many gamblers are motivated to continue to play, and praise the temporary excitement and pleasure (Fauth-Bühler et al., 2017). Accumulating evidence suggests similarities of gambling disorder and substance-use-disorders both on behavioral, cognitive and neural levels (Balodis & Potenza, 2020; Leeman & Potenza, 2012; Lobo et al., 2015; N. M. Petry, 2010; Singer et al., 2020). In light of these similarities, the fifth edition of the “Diagnostic and Statistical Manual of Mental Disorders” categorizes gambling disorder in the category of “Substance-related and Addictive Disorders” (American Psychiatric Association, 2013). In contrast to substance-use-disorders, differences in behavioral and/or neural effects between gamblers and controls are unlikely to be confounded by chronic or acute drug effects (Clark et al., 2019; Peters & Büchel, 2011; Wiehler & Peters, 2015). Gambling disorder has thus been termed a “pure addiction” (Mark Dixon, Ghezzi, et al., 2006).

Recently, categorical definitions of mental illness have increasingly been called into question. The National Institute for Mental Health of the United States proposed the Research Domain Criteria (RDoC) to foster characterization of the dimensions underlying psychiatric disorders. According to this approach, research in cognitive science should focus on the identification of continuous neuro-cognitive dimensions that might go awry in disease, i.e. trans-diagnostic markers (Nelson et al., 2016). Here we focus on two promising candidates for such trans-diagnostic processes that are affected across a range of psychiatric conditions, including gambling disorder: temporal discounting, i.e. the devaluation of delayed rewards (Bickel et al., 2019; Lempert et al., 2019; Peters & Büchel, 2011), and model-based (MB) control during reinforcement learning (Daw et al., 2011). MB control refers to computationally more expensive goal-directed strategies that utilize models of the environment, contrasting with model-free (MF) control that operates on stimulus-response associations (Balleine & O’Doherty, 2010; Daw et al., 2011; Doll et al., 2012; Valerie Voon et al., 2017).

Steep discounting has been consistently observed in substance use disorders and gambling disorder (Bickel et al., 2012; Bickel et al., 2019; MacKillop et al., 2011; Reynolds, 2006). Moreover, alterations in temporal discounting occur in a range of other disorders, including depression, bipolar disorder, schizophrenia and borderline personality disorder (Amlung et al., 2019), underlining the trans-diagnostic nature of this process. Changes in the contributions of MF and MB control have likewise been reported across multiple disorders, including gambling disorder (Wyckmans et al., 2019), schizophrenia (Culbreth et al., 2016), obsessive compulsive disorder (Gillan et al., 2020) and substance use disorders (Sebold et al., 2014). Reduced MB control is also reflected in sub-clinical psychiatric symptom severity (Gillan et al., 2016).

Addiction is known to be under substantial contextual control. Addiction-related cues and environments are powerful triggers of subjective craving, drug use and relapse. Incentive sensitization theory (T. Robinson & Berridge, 1993; Terry E. Robinson & Berridge, 2008) provides a theoretical framework that links such effects to a highly sensitized dopamine system that responds to drugs and addiction-related cues. Increased responses of the dopamine system to addiction-related cues (“cue-reactivity”) has been consistently observed in neuroimaging studies of human addicts (Courtney et al., 2016; Moeller & Paulus, 2018), and there is evidence that trans-diagnostic behavioral traits are likewise under contextual control. For example, regular gamblers discount delayed rewards substantially more steeply when tested in a gambling-related environment as compared to a neutral environment (Mark. Dixon, Jacobs, & Sanders, 2006). Similar effects have been observed in laboratory tasks that include gambling-related cues (Dale et al., 2019; Genauck et al., 2020; Miedl et al., 2014) but whether other putative trans-diagnostic traits such as MB control are under similar contextual control is unclear. Beyond, it is unclear whether gambling severity or maladaptive control beliefs (Raylu & Oei, 2004) modulate such effects.

Though rarely examined in naturalistic settings, contextual effects on trans-diagnostic dimensions of decision-making are of substantial clinical and scientific interest. Settings with high ecological

validity might provide more informative insights into the central drivers of maladaptive behavior than laboratory-based studies (Anderson & Brown, 1984). If such trans-diagnostic traits are further exacerbated in e.g. addiction-related environments, this could constitute a mechanism underlying the maintenance and/or escalation of maladaptive behavior. Second, traits such as temporal discounting can be modulated (Bickel et al., 2011; Bickel et al., 2019; Lempert & Phelps, 2016) and could thus serve as a potential treatment target (Lempert et al. 2019).

The present pre-registered study thus had the following aims. First, we aimed to replicate the findings by Dixon et al. (Mark Dixon, Ghezzi, et al., 2006), who observed increased temporal discounting in gambling-related environments in regular gamblers, compared to neutral environments. Second, we extended their approach by including a modified version of the prominent 2-step sequential decision task (Daw et al., 2011) to test whether model-based control of behavior is likewise under contextual control. Reduced model-based control has been linked to a range of psychiatric conditions (see above) including gambling disorder (Wyckmans et al., 2019). Third, we directly tested for associations of contextual effects with gambling symptom severity and working memory capacity. Finally, our tasks allowed for comprehensive computational modelling of choices and response time (RT) distributions. Analyses of reinforcement learning and decision-making have recently been shown to substantially benefit from an incorporation of RTs (Fontanesi et al., 2019; Pedersen et al., 2017; Peters & D'Esposito, 2020; Shahar et al., 2019; Wagner et al., 2020) via the application of sequential sampling models such as the drift diffusion model (DDM) (Forstmann et al., 2016). Such analyses yield additional insights into the latent processes underlying decision-making (Wagner et al., 2020) and can improve parameter stability (Shahar et al., 2019). To account for these recent developments, we complemented our pre-registered analyses with additional analyses of temporal discounting and reinforcement learning drift diffusion models (RLDDM).

## METHODS

### PREREGISTRATION

This study was preregistered via the open science framework (<https://osf.io/5ptz9/>). We deviated from the pre-registered study design in the following ways. First, it was initially planned to use a lab-setting for the neutral (non-gambling) testing environment. However, this was changed following pre-registration to a café, which we felt was more similar to the gambling environment in terms of the presence of social cues and the overall level of distraction. Second, we initially aimed to include gamblers fulfilling at least one DSM-5 criterion for gambling disorder. This was adjusted to a stricter inclusion criterion of at least three DSM-5 criteria. Due to high correlation between rotation- and operational span during piloting we decided to remove the rotation span task from our working memory assessment. All of these changes were implemented before testing began. Further, to account for recent developments in computational modelling we made two changes to our pre-registered computational analyses. First, we tested several alternative model formulations and performed posterior predictive checks for the standard hybrid model using another dataset. This resulted in some changes in model formulation close to Otto et al. (2015) and as proposed by Toyama et al. (Toyama et al., 2017, 2019). All of these changes were applied before data analysis (for details of model specification see methods section).

Second, to account for recent developments in computational modelling we also complemented the standard softmax model analysis with additional analyses of RT distributions via temporal discounting and reinforcement learning DDMs (Fontanesi et al., 2019; Pedersen et al., 2017; Peters & D'Esposito, 2020; Shahar et al., 2019; Wagner et al., 2020). As a model-free measure of intertemporal choice we used a logistic regression model instead of computing the area under the empirical discounting curve (AUC) (Myerson et al., 2001). All of these changes were applied prior to data analysis (for details of model specification see methods).

A-priori sample size was calculated based on results by Dixon et al. (2006) observed an effect size of  $d = .5$  for the effect of gambling environments on temporal discounting in regular gamblers. Power analysis (Faul et al., 2007) yielded a minimum sample size of  $n = 26$  with alpha error probability of .05 and power of .80. We then pre-registered a target sample size of  $n = 30$ .

## PARTICIPANTS

Participants were recruited via advertisements posted online and in local gambling venues. First, they were screened via a telephone interview to verify that they show evidence for problematic gambling behavior, with a primary gambling mode of electronic slot machines. Further inclusion criteria were age in the range of nineteen to fifty, no illegal drug use, and no history of neuropsychiatric disorders, current medication or a history of cardiovascular disease. The ethics committee of the University of Cologne Medical Center approved all study procedures.

Forty-two participants were then invited to a first appointment, where they provided written informed consent and completed a questionnaire assessment and a set of working memory tasks (see section on *background screening* below). Five participants dropped out during or after the first appointment. Four additional participants were excluded after the first appointment because they fulfilled less than three DSM-V criteria for gambling disorder. Two participants dropped out after the first experimental testing session, and one participant was excluded because he fell asleep twice during one testing session. Due to technical problems, we obtained complete datasets for thirty participants for the intertemporal choice task and twenty-nine participants for the 2-step task, with twenty-eight participants overlapping.

## OVERALL PROCEDURE

Participants were invited to three appointments. At the first appointment (*baseline screening*; see below) participants were invited to our lab and performed a questionnaire assessment and four working memory tasks. Participants were randomly assigned to one of the two locations (café vs. casino) on the first experimental appointment (pseudorandomized location [first session neutral or gambling] and task-version; see section on tasks below). We label the café environment as neutral because no gambling associated cues were present. In both locations, the delay discounting task was completed first, followed by the 2-step task. Appointments were made on an individual basis but spaced within 7+/-2 days and around the same time of day +/- 2 hours. The café environment was an ordinary café serving non-alcoholic drinks and snacks and furnished with 10 tables and approximately 50 m<sup>2</sup> of size. Testing occurred while the café was in business as usual and experimenter and participant sat at a table next to a wall to assure some privacy. The café was usually moderately attended and testing occurred at the same spot for all participants, with only a few exceptions when this seat was taken. The gambling environment was a common slot-machine venue operated by a German gambling conglomerate. The experimenter and participant were seated at a table placed next to a wall in sight of the electronic gaming machines (EGMs). In total there were four EGMs in direct sight of the participant and a total of ten in the room (hidden by eye protection walls). The density of gambling related cues varied as a function of people playing at EGMs, background sounds e.g. sounds of winning or money dropping were all depended on regularly customers. However, in nearly all cases other people were playing EGMs in direct sight of the participants. The experimenter was granted permission to conduct research in two local gambling venues. Two chairs and a table to use for the experimental session were provided. In both locations, subjects were placed in such a way that neither experimenter nor customers could view their screen. Both tasks ran on a 15inch Laptop using the Psychopytics toolbox (Kleiner et al., 2007) running in Matlab (The MathWorks ©).

## BACKGROUND SCREENING

Participants filled out a battery of questionnaires regarding gambling related cognition (GRCS) (Raylu & Oei, 2004) and symptom severity (DSM-5;KFG,SOGS) (Falkai, 2015; Lesieur & Blume, 1987; J. Petry & Baulig, 1996), demographic evaluation and standard psychiatric diagnostic tools (see Supplemental Tables S1 and S2).

We assessed working memory capacity using a set of four working memory paradigms. First, in an Operation Span Task (Redick et al., 2012) subjects were required to memorize a sequence of letters while being distracted by math-operations. Second, in a Listening Span Task (adapted from the German version of the Reading Span Test developed by van den Noort et al. (van den Noort et

al., 2008) subjects were required to listen to a series of sentences and had to recall the last word of each sentence. Last, subjects performed two different versions of a Digit Span Task (forward/backward) that were adopted from the Wechsler Adult Intelligence Scale (Wechsler, 2008). Here, participants listened to a series of numerical digits which they had to recall as a series in regular or reverse order. All working memory scores were z-transformed and averaged to obtain a single compound working memory score (z-score).

## TEMPORAL DISCOUNTING TASK

Participants performed 140 trials of a temporal discounting task where on each trial they made a choice between a smaller-but-sooner (SS) immediate reward, and a larger-but-later (LL) reward delivered after a specific delay. SS and LL rewards were randomly displayed on the left and right sides of the screen, and participants were free to make their choice at any time. While SS rewards were held constant at 20€. LL rewards were computed as multiples of the SS reward (task version 1: 1.05, 1.055, 1.15, 1.25, 1.35, 1.45, 1.55, 1.65, 1.85, 2.05, 2.25, 2.55, 2.85, 3.05, 3.45, 3.85; task version 2: 1.025, 1.08, 1.2, 1.20, 1.33, 1.47, 1.5, 1.70, 1.83, 2.07, 2.3, 2.5, 2.80, 3.10, 3.5, 3.80. Each LL reward from one version was then combined with each delay option for this version (in days): (either: 1, 7, 13, 31, 58, 122, or v: 2, 6, 15, 29, 62, 118) yielding 140 trials in total. The mean larger LL magnitude was the same across task versions and the order was counterbalanced across subjects and session (neutral/gambling).

At the end of each session, one decision was randomly selected and paid out in the form of a gift certificate for a large online store, either immediately (in the case of an SS choice) or via email/text message after the respective delay (in the case of a LL choice).

## 2-STEP TASK

Participants performed a slightly modified version of the 2-step task, a sequential reinforcement learning paradigm (Daw et al., 2011). Based on more recent suggestions (Kool et al., 2016) we modified the outcome stage by replacing the fluctuating reward probabilities (reward vs. no reward) with fluctuating reward magnitudes (Gaussian random walks with reflecting boundaries at 0 and 100, and standard deviation of 2.5). In total the task comprised 300 trials. Each trial consisted of two successive stages: In the 1<sup>st</sup> stage (S1), participants chose between two fractals embedded in grey boxes. After taking an S1 action, participants transitioned to one of two possible 2<sup>nd</sup> stages (S2) with fixed transition probabilities of 70% and 30%. In S2, participants chose between two new fractals each providing a reward outcome in points (between 0–100) that fluctuated over time. To achieve optimal performance, participants had to learn two aspects of the task. They had to learn the transition structure, that is, which S1 stimulus preferentially (70%) leads to which pair of S2 stimuli. Further, they had to infer the fluctuating reward magnitudes associated with each S2 stimulus.

In both versions, the tasks differed in the S1 and S2 stimuli, and in the fluctuating rewards in S2. However both task versions reward walks were equal in variance and mean, that is version 2 walks were simply just version 1 walks in reverse. Both versions were presented in counterbalanced order per session (neutral/gambling). Participants were instructed about the task structure and performed 40 practice trials (with different random walks and symbols) at the first appointment (*Baseline screening*). Following task completion, points (\*0.25) were converted to € and participants could win a bonus of up to 4.50€ that was added to the baseline reimbursement of 10€/h.

## COMPUTATIONAL MODELING AND STATISTICAL ANALYSIS

### Temporal discounting model

We applied a single-parameter hyperbolic discounting model to describe how subjective value changes as a function of LL reward height and delay (Mazur, 1987; Green and Myerson, 2004):

$$SV(LL_t) = \frac{A_t}{1 + \exp(k + s_k * I_t) * D_t} \quad (1)$$

Here,  $A_t$  is the reward height of the LL option on trial  $t$ ,  $D_t$  is the LL delay in days on trial  $t$  and  $I_t$  is an indicator variable that takes on a value of 1 for trials from the gambling context and 0 for trials from the neutral condition. The model has two free parameters:  $k$  is the hyperbolic discounting rate (modeled in log-space) and  $s_k$  is a weighting parameter that models the degree of change in discounting in the gambling compared with the neutral context condition.

### Softmax action selection

Softmax action selection models choice probabilities as a sigmoid function of value differences (Sutton and Barto, 1998):

$$P(LL)_t = \frac{\exp[(\beta + s_\beta * I_t) * SV(LL_t)]}{\exp[(\beta + s_\beta * I_t) * SV(SS_t)] + \exp[(\beta + s_\beta * I_t) * SV(LL_t)]} \quad (2)$$

Here,  $SV$  is the subjective value of the larger but later reward according to Eq. 1 and  $\beta$  is an inverse temperature parameter, modeling choice stochasticity (for  $\beta = 0$ , choices are random and as  $\beta$  increases, choices become more dependent on the option values).  $SV(SS_t)$  was fixed at 20 and  $I_t$  is again the dummy-coded context regressor, and  $s_\beta$  models the context effect on  $\beta$ .

### Temporal discounting drift diffusion models

To more comprehensively examine environmental effects on choice dynamics, we additionally replaced softmax action selection with a series of drift diffusion model (DDM)-based choice rules. In the DDM, choices arise from a noisy evidence accumulation process that terminates as soon as the accumulated evidence exceeds one of two response boundaries. In the present setting, the upper boundary was defined as selection of the LL option, whereas the lower boundary was defined as selection of the SS option.

RTs for choices of the SS option were multiplied by  $-1$  prior to model fitting. We furthermore used a percentile-based cut-off, such that for each participant the fastest and slowest 2.5 percent of trials were excluded from the analysis. We then first examined a null model (DDM<sub>0</sub>) without any value modulation. Here, the RT on each trial  $t$  ( $t \in 1:140$ ) is distributed according to the Wiener First Passage Time (*wfpt*):

$$RT_t \sim wfpt(\alpha + s_\alpha * I_t, \tau + s_\tau * I_t, z + s_z * I_t, \nu + s_\nu * I_t) \quad (3)$$

The parameter  $\alpha$  models the boundary separation (i.e. the amount of evidence required before committing to a decision),  $\tau$  models the non-decision time (i.e., components of the RT related to motor preparation and stimulus processing),  $z$  models the starting point of the evidence accumulation process (i.e., a bias towards one of the response boundaries, with  $z > .5$  reflecting a bias towards the LL boundary, and  $z < .5$  reflecting a bias towards the SS boundary) and  $\nu$  models the rate of evidence accumulation. Note that for each parameter  $x$ , we also include a parameter  $s_x$  that models the change in that parameter from the neutral context to the gambling context (coded via the dummy-coded condition regressor  $I_t$ ).

As in previous work (Pedersen et al., 2017; Fontanesi et al., 2019; Peters and D'Esposito, 2020, Wagner et al. 2020), we then set up temporal discounting drift diffusion models with trial-wise modulation of drift rates by the difference in subjective values between choice options. First, we set up a version with linear modulation of drift-rates (DDM<sub>lin</sub>) (Pedersen et al., 2017):

$$v_t = (v_{coeff} + s_{v_{coeff}} * I_t) * (SV(LL_t) - SV(SS_t)) \quad (4)$$

Here, the drift rate on trial  $t$  is calculated as the scaled value difference between the subjective LL and SS rewards. Thus, we substituted the  $v + s_v * I_t$  term within Eq. 3 with  $v_t$  (Eq. 4). As noted above, RTs for SS options were multiplied by  $-1$  prior to model estimation, such that this formulation predicts more SS choices whenever  $SV(SS) > SV(LL)$  (the trial-wise drift rate is negative), and predicts longest RTs for trials with the highest decision-conflict (i.e., in the case of  $SV(SS) = SV(LL)$  the trial-

wise drift rate is zero). We next examined a DDM with non-linear trial-wise drift rate scaling (DDM<sub>s</sub>) that has recently been reported to account for the value-dependency of RTs better than the DDM<sub>lin</sub> (Fontanesi et al., 2019; Peters & D'Esposito, 2020; Wagner et al., 2020). In this model, the scaled value difference from Eq. 4 is additionally passed through a sigmoid function with asymptote  $v_{max}$ :

$$v_t = S \left[ (v_{coeff} + s_{v_{coeff}} * I_t) * (SV(LL_t) - SV(SS_t)) \right] \quad (5)$$

$$S(m) = \frac{2 * (v_{max} + s_{v_{max}} * I_t)}{1 + \exp(-m)} - (v_{max} + s_{v_{max}} * I_t) \quad (6)$$

All parameters including  $v_{coeff}$  and  $v_{max}$  were again allowed to vary according to the context, such that we included  $s_x$  parameters for each parameter  $x$  that were multiplied with the dummy-coded condition predictor  $I_t$ .

## REINFORCEMENT LEARNING MODEL

### Hybrid model

We first applied a slightly modified version of the hybrid RL model (Daw et al., 2011) close to the extension of Otto et al. (Otto et al., 2015) to analyze the strength of model-free and model-based RL strategies. In detail we applied the following changes in comparison to the model of Otto et al. (2015): Value updating via standard prediction error schemes in stages S1 and S2 instead of rescaled PEs (by  $1/\alpha$ ). Further, updating included two separate learning rates instead of one single learning rate for both stages. The eligibility trace parameter was set to one and all values from unchosen options for both stages were set to decay towards the reward walks' mean (i.e. 50 points) as proposed by Toyama et al. (Toyama et al., 2017, 2019). These model extensions were validated with data from a separate, to date unpublished study, acquired previously. In detail, the model updates MF state-action values ( $Q_{MF}$ -values, Eq. 7, 8) in both stages through prediction errors (Eq. 9, 10). In stage 1, MB state-action values ( $Q_{MB}$ ) are then computed from the transition and reward estimates using the Bellman Equation (Eq. 11).

$$Q_{MF,S1}(a_{j,t}) = Q_{MF,S1}(a_{j,t}) + (\eta_1 + s_{\eta_1} * I_t) \delta_{S1,t} + (\eta_2 + s_{\eta_2} * I_t) \delta_{S2,t} \quad (7)$$

$$Q_{MF,S2}(s_{2i,t}, a_{j,t}) = Q_{MF,S2}(s_{2i,t}, a_{j,t}) + (\eta_2 + s_{\eta_2} * I_t) \delta_{S2,t} \quad (8)$$

$$\delta_{S1,t} = Q_{MF,S2}(s_{2i,t}, a_{j,t}) - Q_{MF,S1}(a_{j,t-1}) \quad (9)$$

$$\delta_{S2,t} = r_{2t} - Q_{MF,S2}(s_{2i,t-1}, a_{j,t-1}) \quad (10)$$

$$Q_{MB}(a_{j,t}) = P(s_{21}|s_1, a_j) * \max_{a \in \{a_1, a_2\}} Q_{MF,S2}(s_{21}, a) + P(s_{22}|s_1, a_j) * \max_{a \in \{a_1, a_2\}} Q_{MF,S2}(s_{22}, a) \quad (11)$$

Here,  $i$  indexes the two different second stages ( $S_{21}$ ,  $S_{22}$ ),  $j$  indexes actions  $a$  ( $a_1$ ,  $a_2$ ) and  $t$  indexes the trials. Further,  $\eta_1$  and  $\eta_2$  denote the learning rate for S1 and S2, respectively. S2 MF  $Q$ -values are updated by means of reward ( $r_{2,t}$ ) prediction errors ( $\delta_{S2,t}$ ) (Eq. 8, 10). To model S1 MF  $Q$ -values we allow for reward prediction errors at the 2nd-stage to influence 1st-stage  $Q$ -values (Eq. 7, 9).

In addition, as proposed by Toyama et al. (Toyama et al., 2017, 2019)  $Q$ -values of all unchosen stimuli were assumed to decay with decay-rate  $\eta_{decay}$  and centered to the mean of reward walks (0.5). A decay of  $Q$ -values over time accounts for the fact that participants know that reward walks fluctuate over time. The decay was implemented according to Eq. 12 and 13:

$$Q_{unchosen}(s_{k,t}, a_{j,t}) = Q_{unchosen}(s_{k,t-1}, a_{j,t-1}) * (\eta_{decay_s}) + (1 - (\eta_{decay_s})) * 0.5 \quad (12)$$

where

$$\eta_{decay_s} = \eta_{decay} + s_{\eta_{decay}} * I_t \quad (13)$$

and  $K \in \{1, 21, 22\}$ , that is,  $k$  indexes the three task stages.

S1 action selection is then modelled via weighting S1 MF and MB Q-values through a softmax action-selection. S2 stage action selection is likewise modelled as a function of MF Q-value differences. Separate ‘inverse temperature’ parameters  $\beta$  model subjects’ weights of MF and MB Q-Values (Eq. 14 and Eq. 15). The additional parameter  $\rho$  captures 1st-stage choice perseveration, and is set to 1 if the previous S1 choice was the same and is zero otherwise.

$$p(a_{j,t} = a | s_{1,t}) = \frac{\exp(\beta_{MB_s} * Q_{MB}(a) + \beta_{MF_s} * Q_{MF,S1}(a) + \rho_s * rep(a))}{\sum_{a'} \exp(\beta_{MB_s} * Q_{MB}(a') + \beta_{MF_s} * Q_{MF,S1}(a') + \rho_s * rep(a'))}, \quad (14)$$

$$p(a_{j,t} = a | s_{2,t}) = \frac{\exp(\beta_{2_s} * Q_{MF,S2}(a))}{\sum_{a'} \exp(\beta_{2_s} * Q_{MF,S2}(a'))}, \quad (15)$$

where:

$$\beta_{MB_s} = \beta_{MB} + S\beta_{MB} * I_t$$

$$\beta_{MF_s} = \beta_{MF} + S\beta_{MF} * I_t$$

$$\rho_s = \rho + S\rho * I_t$$

$$\beta_{2_s} = \beta_2 + S\beta_2 * I_t$$

### Hybrid model with drift diffusion action selection

As in our analysis of temporal discounting we replaced softmax action selection with a DDM choice rule (Shahar et al., 2019), leaving the reinforcement learning equations unchanged. For each stage of the task, the upper boundary was defined as selection of one stimulus, whereas the lower boundary was defined as selection of the other stimulus. We modelled each stage of the task using separate non-decision time ( $\tau$ ), boundary separation ( $\alpha$ ) and drift- rate ( $v$ ) parameters. The bias ( $z$  was fixed to 0.5. All parameters including  $vcoeff_{MF}$ ,  $vcoeff_{MB}$  and  $v_{max}$  were again allowed to vary according to the context, such that we included  $s_x$  parameters for each parameter  $x$  that were multiplied with the dummy-coded condition predictor  $I_t$  (see above).

Data were filtered using a percentile-based cut-off, such that for each participant the fastest and slowest 2.5 percent of RTs/trials were excluded from further analysis. In addition, trials with RTs < 150ms were excluded. We then first examined a null model (DDM<sub>0</sub>; Eq. 3) without any value modulation followed by two value-informed models where the drift-rate ( $v$ ) is a linear (Eq. 16 and 17) or sigmoid (Eq. 18) function of MF and MB Q-value weights. For the linear version, the drift rate in S1 is

$$v_{S1,t} = vcoeff_{MB_s} * (Q_{MB[2]} - Q_{MB[1]}) + vcoeff_{MF_s} * (Q_{MF[2]} - Q_{MF[1]}) + \rho_s * rep(a') \quad (16)$$

and the drift rate in S2 is calculated as

$$v_{S2,t} = vcoeff_{S2} * (Q_{MF,S2[2]} - Q_{MF,S2[1]}) \quad (17)$$

For the non-linear version, the linear drift rate from equations 16 and 17 are additionally passed through a sigmoid:

$$v_{S_i,t} = \frac{2 * v_{max_{S_i}}}{1 + \exp(-m)} - v_{max_{S_i}} \quad (18)$$

where

$$vcoeff_{MB_s} = vcoeff_{MB} + s_{v_{MB}} * I_t$$

$$vcoeff_{MF_s} = vcoeff_{MF} + s_{v_{MF}} * I_t$$

$$vcoeff_{S2_s} = vcoeff_{S2} + s_{S2} * I_t$$

$$vmax_{S_i} = vmax_{S_i} + s_{S_i} * I_t$$



Softmax models were fit to all trials from all participants using a hierarchical Bayesian modeling approach with separate group-level distributions for all baseline parameters for the neutral context and shift parameters ( $s_x$ ) for the gambling context.

For the intertemporal choice data, model estimation was performed using Markov Chain Monte Carlo (MCMC) sampling as implemented in the JAGS (Version 4.3) software package (Plummer, 2003) in combination with the Wiener module (Wabersich and Vandekerckhove, 2014). Model estimation was done in R (Version 4.0.3) using the corresponding R2Jags package (Version 0.6-1). For baseline group-level means, we used uniform priors defined over numerically plausible parameter ranges (see code and data availability section for details). For all  $s_x$  parameters modeling context effects on model parameters, we used Gaussian priors with means of 0. For group-level precisions, we used gamma distributed priors (.001, .001). We initially ran 2 chains with a varying burn-in period and thinning of two until convergence. Chain convergence was then assessed via the Gelman-Rubinstein convergence diagnostic  $\hat{R}$  and sampling was continued until  $1 \leq \hat{R} \leq 1.02$  for all group-level and individual-subject parameters. 20k additional samples were then retained for further analysis.

For the 2-step task, model estimation was performed using MCMC sampling as implemented in STAN (Stan Development Team, 2020) via R (Version 4.0.3) and the rSTAN package (Version 2.21.0).

For baseline group-level means, we used uniform and normal priors defined over numerically plausible parameter ranges (see code and data availability section for details). For all  $s_x$  parameters modeling context effects on model parameters, we used Gaussian priors with means of 0. For group-level standard deviations we used cauchy (0, 2.5) distributed priors. We initially ran 2 chains with a burn-in period of 1000 and retained 2000 samples for further analysis. Chain convergence was then assessed via the Gelman-Rubinstein convergence diagnostic  $\hat{R}$  and sampling was continued until  $1 \leq \hat{R} \leq 1.02$ . This threshold was not met for one participant ( $\hat{R} < 1.4$ ).

For both tasks, relative model comparison was performed via the *loo*-package in R (Version 2.4.1) using the Widely-Applicable Information Criterion (WAIC) where lower values reflect a superior fit of the model (Vehtari et al., 2017). We then show posterior group distributions for all parameters of interest as well as their 85% and 95% highest density intervals. For group comparisons we report Bayes Factors for directional effects for  $s_x$  hyperparameter distributions of  $s_x > 0$  (gambling context > neutral context), estimated via kernel density estimation using R via the RStudio (Version 1.3) interface. These are computed as the ratio of the integral of the posterior difference distribution from 0 to  $+\infty$  vs. the integral from 0 to  $-\infty$ . Using common criteria (Beard et al. 2016), we considered Bayes Factors between 1 and 3 as anecdotal evidence, Bayes Factors above 3 as moderate evidence and Bayes Factors above 10 as strong evidence. Bayes Factors above 30 and 100 were considered as very strong and extreme evidence respectively, whereas the inverse of these reflect evidence in favor of the opposite hypothesis.

## POSTERIOR PREDICTIVE CHECKS

We carried out posterior predictive checks to examine whether models reproduced key patterns in the data, in particular the value-dependency of RTs (Peters & D'Esposito, 2020; Wagner et al., 2020) and participant's choices. For the intertemporal choice task, we binned trials of each individual participant into five bins, according to the absolute difference in subjective larger-later vs. smaller-sooner value ("decision conflict", computed according to each participant's median posterior  $\log(k)$  parameter from the  $DDM_s$ , and separately for the neutral and gambling context. For each participant and context, we then plotted the mean observed RTs as a function of decision conflict, as well as the mean RTs across 10k data sets simulated from the posterior distributions of the  $DDM_o$ ,  $DDM_{in}$  and  $DDM_s$ . For the 2-step task, we extracted mean posterior parameter estimates and simulated 200 datasets in R (Version 4.0.3) using the Rwiener package (Version 1.3.3). We then show RTs as a function of S2 reward difference of observed data and the mean RTs across 200 simulated datasets for of all DDMs. We further show that our models capture the relationship of S2 reward differences and optimal (max[reward]) choices.

## MODEL FREE ANALYSIS

As a model-agnostic measure of temporal discounting, we performed a logistic regression on choices as a function context (neutral vs. gambling; fixed effect) and subject as random effect. For the 2-step task we likewise use a hierarchical generalized linear model (HGLM) and modeled 2nd-stage RTs as a function of transition (common vs. rare) and context (neutral vs. gambling) as fixed and subject as random effect. In line with our modelling analyses, data were filtered so that implausibly fast RTs were excluded (see Methods). A standard analysis of stay probabilities (Daw et al., 2011) adapted to our task version is reported in the Supplement (Supplemental Table S5).

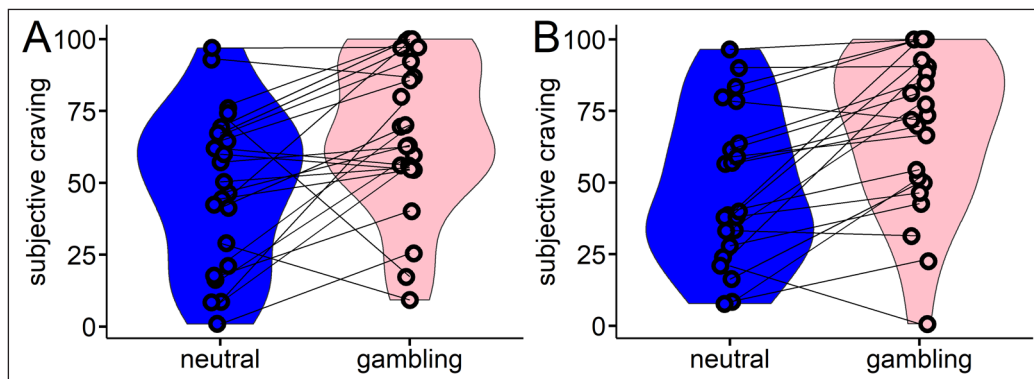
## SUBJECTIVE CRAVING RATING

On each testing day, participants rated their subjective craving (“How much do you desire to gamble right now?”) on a visual-analogue scale ranging from 0 to 100, both at the beginning of the testing session, and at the end following task completion. We then used paired t-tests to examine whether subjective craving differed between the testing environments (neutral vs. gambling).

## RESULTS

### SUBJECTIVE CRAVING

Craving was assessed on a visual-analogue-scale before and after task performance. Due to technical problems, ratings of the first eight participants were lost. Another two participants did not complete post-task ratings. In the remaining  $n = 22$  participants, craving was substantially higher in the gambling-related environment compared to the neutral environment (paired t-test pre-task:  $t_{23} = -3.13$ ;  $p = 0.0048$ , Cohen’s  $d$ : 0.75; post-task:  $t_{21} = -4.32$ ,  $p = 0.0003$ , Cohen’s  $d = 0.68$ ; see Figure 1).

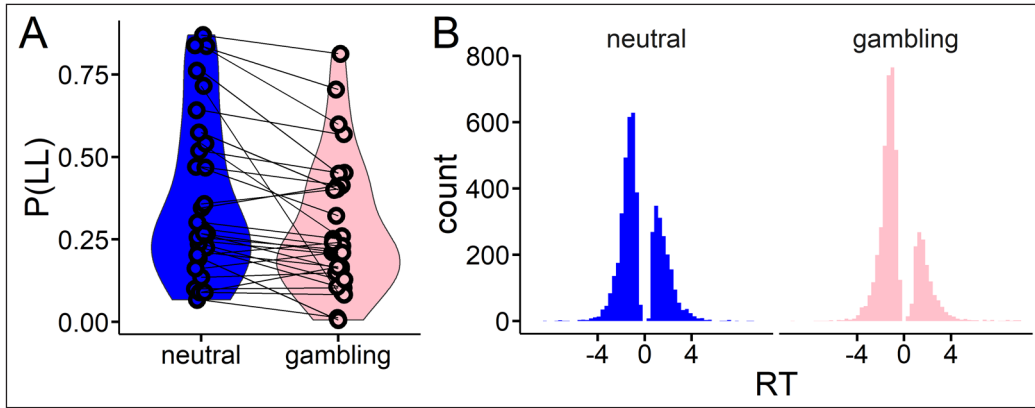


**Figure 1** Subjective craving was assessed at the beginning (A) and at the end (B) of each testing session via a visual-analogue scale rating. Craving was significantly higher in the gambling environment, both at the start of the session ( $p = 0.0048$ ) and at the end of the session ( $p = 0.0003$ ).

## TEMPORAL DISCOUNTING

### MODEL-AGNOSTIC ANALYSIS TEMPORAL DISCOUNTING TASK

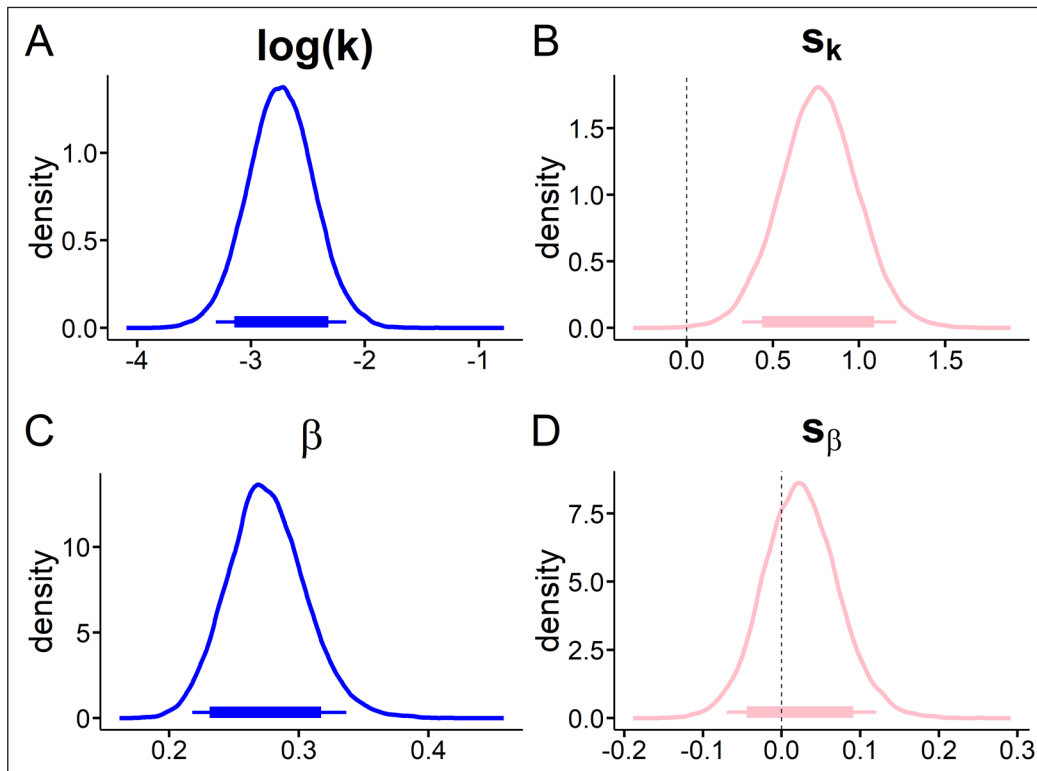
Raw proportions of larger-but-later (LL) choices are plotted in Figure 2A for each context. A logistic regression on choices with context (gambling vs. neutral) as a fixed effect and subject as random effect confirmed a significant main effect of context ( $\beta_{\text{context}} = -0.52$ ;  $z = -10.62$ ,  $p < 0.0001$ ) such that participants made more LL selections in the neutral vs. the gambling-related environment. Overall response time (RT) distributions are plotted in Figure 2B with choices of the LL option coded as positive RTs and choices of the smaller-sooner option coded as negative RTs.



**Figure 2** Behavioral data from the temporal discounting task. **A:** raw proportions of larger-later (LL) choices in each context. **B:** Overall response time distributions with choices of the LL option coded as positive RTs and choices of the smaller-sooner option coded as negative RTs; Note, this was done to add choice coding to the computational model.

### SOFTMAX CHOICE RULE

We first modeled the data using standard softmax action selection. This analysis revealed an overall context effect on  $\log(k)$ , such that discounting was substantially steeper in the gambling context compared to the neutral context (Figure 3B, 95% HDI > 0). Examination of Bayes Factors indicated that an increase in  $\log(k)$  in the gambling context ( $s_k$ ) was about 116 times more likely than a decrease (see Figure 3 and Table 3). There was no evidence for a change in choice stochasticity (softmax[ $\beta$ ]; Figure 3C/D).

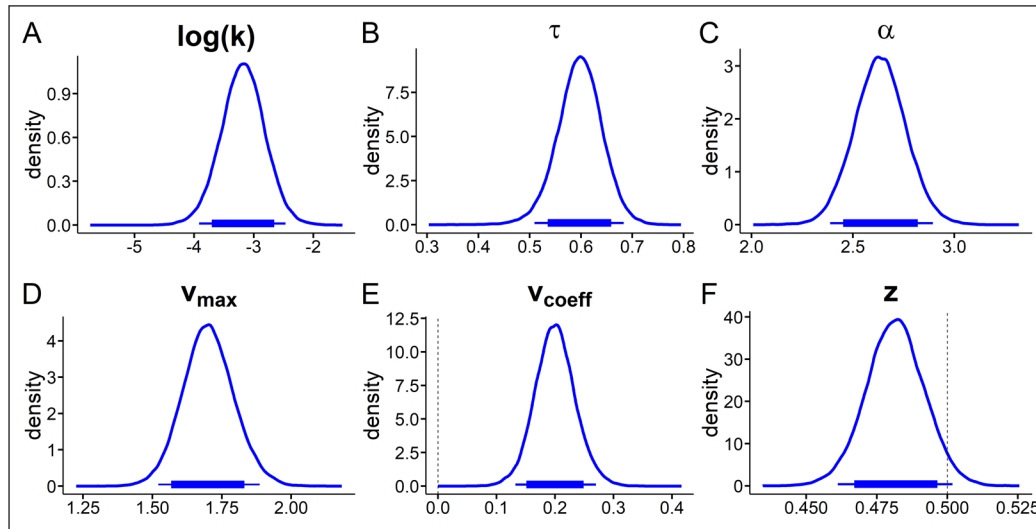


**Figure 3** Softmax model; Posterior distributions of mean hyperparameter distributions for the neutral baseline context (blue) and the corresponding shift in the gambling context (pink). **A,** discount-rate  $\log(k)$ ; **B,** shift in discount-rate ( $s_k$ ); **C,** softmax  $\beta$ ; **D,** shift in softmax  $\beta$ ; Thin (thick) horizontal line denote 95% (85%) highest posterior density intervals.

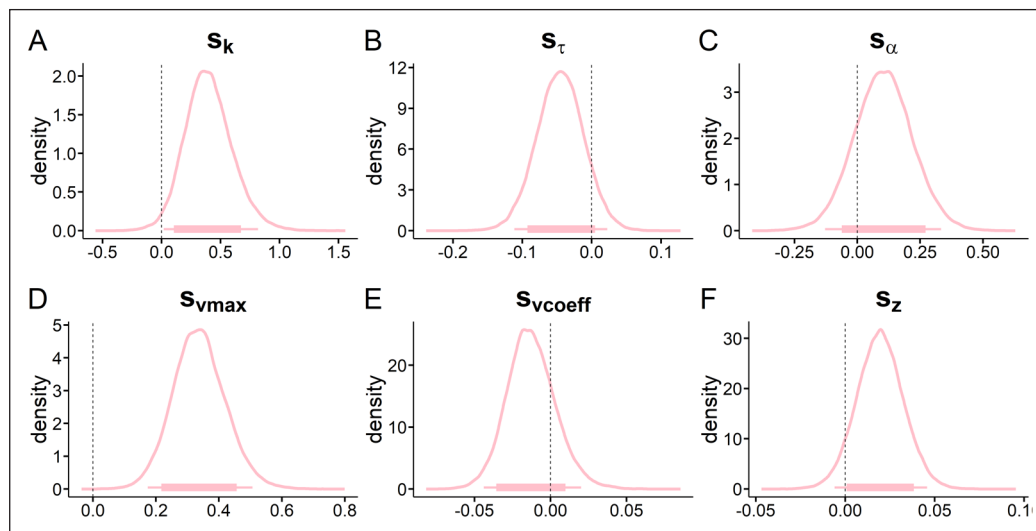
### TEMPORAL DISCOUNTING DRIFT DIFFUSION MODELS (DDMS)

Model comparison of temporal discounting DDMs revealed the same model ranking in each context (Supplemental Table S3) such that the data were best accounted for by a temporal discounting DDM with non-linear drift rate scaling. This model accounted for around 90% of decisions (Supplemental Table S4, Supplemental Figure S1) and posterior predictive checks confirmed that it reproduced individual-participant RTs (Supplemental Figure S2).

We next examined the posterior distributions of model parameters of the best-fitting TD-DDM model (DDMs with sigmoid drift rate scaling; we further report model comparison, binary choice predictions and posterior predictive checks in the corresponding *Model comparison and validation* section in the supplement). Results are plotted in [Figure 4](#) and [Figure 5](#) and Bayes Factors for all context-effects are listed in [Table 1](#). There was a consistent positive association between trial-wise drift rates and value differences in the neutral context ([Figure 4E](#), the 95% HDI for the drift rate coefficient parameter did not include 0). Likewise, there was a numerical bias towards the smaller-sooner option in the baseline condition (85% HDI < 0.5, see [Figure 4F](#)). The non-decision time was numerically smaller in the gambling context (85% HDI < 0, [Figure 5B](#), [Table 1](#)), amounting to on average a 50ms faster non-decision time. The maximum drift-rate was substantially higher in the gambling context (95% HDI > 0, [Figure 5D](#)).



**Figure 4** Temporal discounting drift diffusion model results: posterior distributions for hyperparameter means from the neutral context. **A**: discount-rate  $\log(k)$ , **B**: non-decision time  $\tau$ , **C**: boundary separation  $\alpha$ , **D**: maximum drift-rate  $v_{max}$ , **E**: drift-rate coefficient  $v_{coeff}$ , **F**: starting-point  $z$ . Thin (thick) horizontal line denote 95% (85%) highest posterior density intervals.



**Figure 5** Temporal discounting drift diffusion model results: posterior distributions for hyperparameter means for context shift ( $s_x$ ) parameters modeling changes from the neutral to the gambling context. **A**: shift in discount-rate ( $s_k$ ), **B**: shift in non-decision time  $s_\tau$ , **C**: shift in boundary separation  $s_\alpha$ , **D**: shift in maximum drift-rate  $v_{max}$ , **E**: shift in drift-rate coefficient  $v_{coeff}$ , **F**: shift in starting-point  $s_z$ . Thin (thick) horizontal line denote 95% (85%) highest posterior density intervals.

As in the softmax model ([Figure 3](#)), we observed a substantial increase in the discount rates  $\log(k)$  in the gambling context (95% HDI > 0, see [Figure 5A](#), [Table 1](#)).

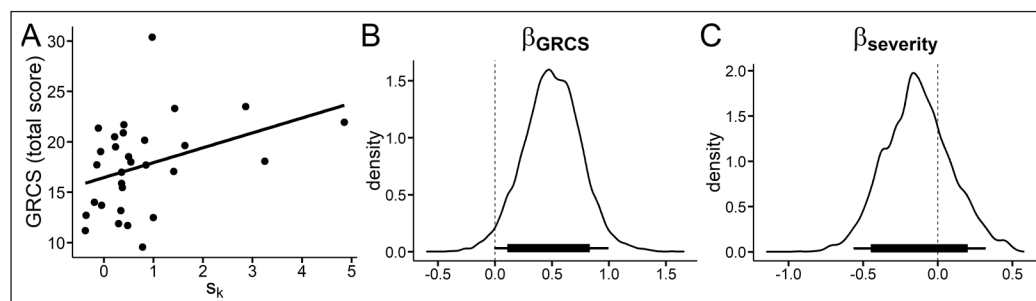
### TEMPORAL DISCOUNTING AND GAMBLING-RELATED QUESTIONNAIRE DATA

As preregistered, we next examined whether the increased in discount-rate  $s_k$  in the gambling context was associated with symptom severity or gambling related cognition. We therefore computed a compound symptom severity z-score of DSM-5 ([Falkai, 2015](#)), SOGS ([Lesieur & Blume,](#)

1987) and KFG (J. Petry & Baulig, 1996) scores. Gambling context-related changes in temporal discounting were not significantly associated with symptom severity ( $\rho = -0.05$ ,  $p = 0.78$ ) but were positively associated with the total score of the Gambling Related Cognition Scale (Raylu & Oei, 2004) ( $\rho = 0.39$ ;  $p = 0.03$ ); see Figure 6A). There were no significant correlations between changes in craving and changes in discounting or working memory capacity and temporal discounting (Supplemental Results 1). In line with the suggestion by one Reviewer, we also examined whether a full Bayesian model could capture the relationship of GRCS scores and shift in discount-rate ( $s_k$ ). We thus modelled the gambling context related shift in the discount-rate as a linear combination of both GRCS total scores and the gambling symptom severity compound score (see Figure 6B and C). This revealed strong evidence for a positive effect of GRCS total scores on  $s_k$ , the change in  $\log(k)$  (95% HDI > 0;  $dBF = 37.81$ ).

MODEL PARAMETER (CHANGE IN GAMBLING CONTEXT)	SOFTMAX MODEL		DDM <sub>s</sub>	
	MEAN	dBF	MEAN	dBF
$s_k$ (discount-rate)	0.77	1688.53	0.40	54.20
$s_p$ (softmax beta)	0.025	2.27	-	-
$s_{vcoeff}$ (drift-rate coeff.)	-	-	-0.012	0.25
$s_r$ (non-decision time)	-	-	-0.05	0.10
$s_a$ (boundary separation)	-	-	0.10	4.40
$s_z$ (starting point bias)	-	-	0.02	13.64
$s_{vmax}$ (max drift-rate)	-	-	0.33	39490.71

**Table 1** Overview of overall context differences. For group comparisons we report Bayes Factors for directional effects for  $s_x$  hyperparameter distributions of  $s_x > 0$  (gambling context > neutral context).



**Figure 6 A:** Pre-registered correlation of the gambling context related shift in  $\log(k)$  (median values) and total gambling-related cognition score (GRCS) [softmax model]. **B, C:** Posterior distributions of effects of GRCS total score (B) and a gambling symptom severity compound score across DSM criteria, KFG and SOGS scores (C) on change in  $\log(k)$ . Plots B and C are from an extended model, in which these covariates were included in the full hierarchical Bayesian model.

## 2-STEP REINFORCEMENT LEARNING TASK

### MODEL-AGNOSTIC ANALYSIS 2-STEP TASK

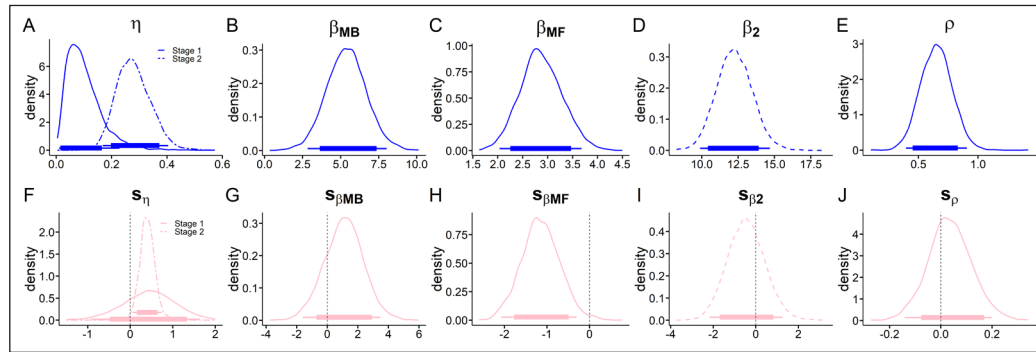
Participants earned significantly more points in the gambling context (t-test:  $t_{28} = -2.44$ ,  $p = 0.02$ , Cohen's  $d = 0.22$ ). For S2 RTs, we observed a significant main effect of transition (Supplemental Table S7 and Supplemental Figure S3) and a trend for a transition x context interaction ( $p = 0.07$ ; see Supplemental Table S7), reflecting increased model-based control (Otto et al., 2015; Shahar et al., 2019).

An analysis of stay probabilities adapted to the present 2-step task version is shown in Supplemental Table S5. In each context, we observed main effects of reward (reflecting model-free RL) and reward x transition interaction (reflecting model-based RL). The reward x transition x context interaction was not significant.

### HYBRID MODEL WITH SOFTMAX CHOICE RULE

We first examined a modified version of the hybrid model (Daw et al., 2011) using a standard softmax choice rule (see Methods for details; Figure 7). This model included separate parameters

for S1 and S2 learning rates, model-free and model-based  $\beta$  weights for S1 and a  $\beta$  weight for S2 Q-value differences. We confirmed substantial contributions of both MB and MF values to S1 choices (Figure 7B,C). There was an increase in the S2 learning-rate  $\eta$  (95% HDI > 0, Figure 7F) in the gambling context. Furthermore, there was a strong decrease in MF  $\beta$  weights (95% HDI < 0, Figure 7H) such that participants showed substantially less MF behavior in the gambling environment compared to the neutral environment. BFs for directional effects indicate that an increase in MB reinforcement learning is 4 times more likely than a decrease. For examination of Bayes Factors see Table 2.



**Figure 7** Hybrid model with softmax choice rule posterior distributions (top row: neutral context, bottom row: parameter changes in gambling context) of all group level means. **A**, S1 and S2 learning-rates. **B**, MB  $\beta$  weight. **C**, MF  $\beta$  weight. **D**, S2  $\beta$  weight. **E**, perseveration parameter  $\rho$ . **F**, shift in S1 and S2 learning rates. **G**, shift in MB  $\beta$ . **H**, shift in MF  $\beta$ . **I**, shift in S2  $\beta$ . **J**, shift in stickiness parameter  $\rho$ . Thin (thick) horizontal line denote 95% (85%) highest posterior density intervals.

MODEL PARAMETER (SHIFT)	SOFTMAX MODEL		DDM <sub>s</sub>	
	MEAN	dBF	MEAN	dBF
$s_{\eta S1}$ (learning-rate S1)	0.44	3.29	0.0801	1.186
$s_{\eta S2}$ (learning-rate S2)	0.40	92.3	0.280	14.658
$s_{rs1}$ (non-decision times S1)	-	-	0.001	0.8454
$s_{rs2}$ (non-decision times S2)	-	-	0.001	1.161
$s_{\rho}$ (Stickiness S1)	0.04	1.946	0.05	2.365
$s_{as1}$ (boundary separation S1)	-	-	-0.002	0.9354
$s_{as2}$ (boundary separation S2)	-	-	0.0149	2.026
$\beta_{MF} / S_{vcoeffMF}$ (MF beta/ drift-rate coeff.)	-1.14	0.010	-0.93	0.083
$\beta_{MB} / S_{vcoeffMB}$ (MB beta/ drift-rate coeff.)	1.08	4.00	4.01	169.62
$\beta_{S2} / S_{vcoeffS2}$ (S2 beta / drift-rate coeff.)	-0.44	0.428	-0.64	0.271
$s_{vmaxS1}$ (max drift-rate S1)	-	-	-0.19	0.296
$s_{vmaxS2}$ (max drift-rate S2)	-	-	0.41	15.83

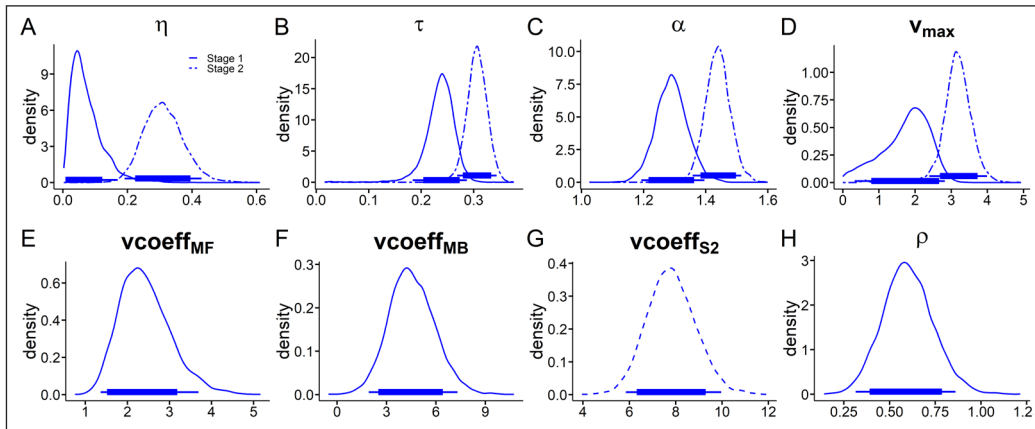
## HYBRID MODEL WITH DRIFT DIFFUSION CHOICE RULE

We next combined the hybrid model with a DDM choice-rule (Shahar et al., 2019) and likewise compared DDMs that varied in the way that they accounted for the influence of Q-value differences on trial-wise drift rates in both task stages. Model comparison yielded the same model ranking in each context, such that the data were best accounted for by an RLDDM with non-linear drift rate scaling (Supplemental Table S8). This model accounted for around 73% of S1 choices, and around 81% of S2 choices (Supplemental Table S9). Posterior predictive checks confirmed that this model reproduced the observed RTs (Supplemental Figure S4) and choice proportions (Supplemental Figure S5).

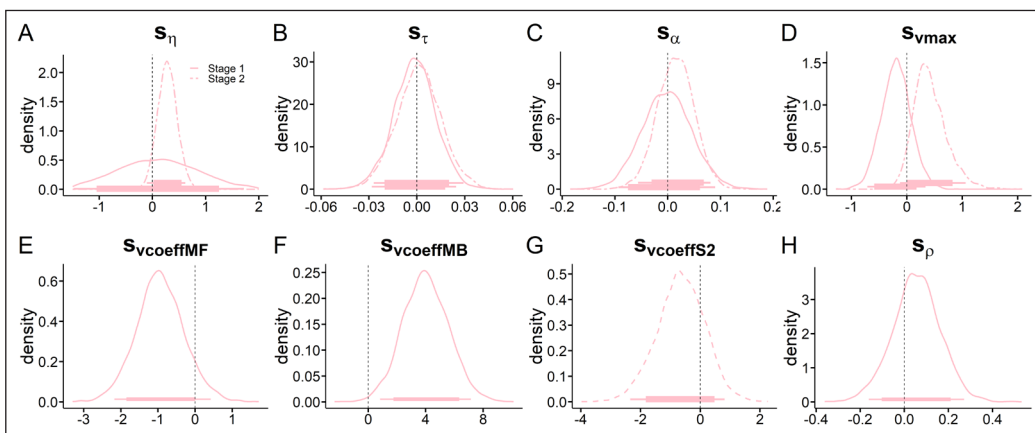
Posterior distributions for the best-fitting RLDDM are shown in Figure 8 (neutral context parameters) and Figure 9 (gambling context changes). We observed positive associations between

**Table 2** Overview of overall context differences. For context comparisons we report Bayes Factors for directional effects for  $s_x$  hyperparameter distributions of  $s_x > 0$  (gambling context > neutral context).

trial-wise drift rates and Q-value differences (Figure 8F-J, all 95% HDIs above 0). Likewise, as in the softmax model, beta weights were positive, indicating contributions of both MB and MF to behavior (Figure 8E-G, all 95% HDIs > 0). In the gambling context, we observed a decrease in the MF component (85% HDI < 0) and a robust increase in MB contributions (95% HDI > 0). BFIs for directional effects are provided in Table 2. Overall, these results suggest decreased MF and increased MB reinforcement learning due to gambling context exposure.



**Figure 8** RL-DDM. Posterior distributions of all hyperparameters for the neutral baseline condition. **A:** S1 and S2 learning rates  $\eta$ . **B:** S1 and S2 non-decision time  $\tau$ . **C:** S1 and S2 boundary separation  $\alpha$ . **D:** S1 and S2 drift-rate maximum  $v_{\max}$ . **E:** MF drift-rate coefficient  $v_{\text{coeff}}_{\text{MF}}$ . **F:** MB drift-rate coefficient  $v_{\text{coeff}}_{\text{MB}}$ . **G:** S2 drift-rate coefficient  $v_{\text{coeff}}_{\text{S2}}$ . **H:** stickiness parameter  $\rho$ . Thin (thick) horizontal line denote 95% (85%) highest posterior density intervals.



**Figure 9** RL-DDM. Posterior distributions of all shift-hyperparameters modelling the change from neutral to gambling condition. **A,** shift in Stage 1 and Stage 2 learning rates  $\eta$ . **B,** shift in S1 and S2 non-decision time  $\tau$ . **C,** shift in S1 and S2 boundary separation  $\alpha$ . **D,** shift in S1 and S2 drift-rate maximum  $v_{\max}$ . **E,** shift in S1 MF drift-rate coefficient  $v_{\text{coeff}}_{\text{MF}}$ . **F,** shift in S1 MB drift-rate coefficient  $v_{\text{coeff}}_{\text{MB}}$ . **G,** shift in S2 drift-rate coefficient  $v_{\text{coeff}}_{\text{S2}}$ . **H,** shift in stickiness parameter  $\rho$ . Thin (thick) horizontal line denote 95% (85%) highest posterior density intervals.

## REINFORCEMENT LEARNING AND GAMBLING-RELATED QUESTIONNAIRE DATA

As preregistered, we examined associations between  $\rho$  (perseveration) and gambling symptom severity (average z-score across SOGS (Lesieur & Blume, 1987), KFG (J. Petry & Baulig, 1996) and DSM-5 criteria). The association was non-significant  $\rho$  ( $r = -0.10$ ,  $p = 0.59$ ). There were no significant correlations between changes in craving and changes in MB behavior, nor between MB behavior and working memory capacity (Supplemental Results 2). In an exploratory analysis we found that gambling symptom severity (average z-score across DSM, KFG and SOGS) was associated with a greater gambling context related decrease in MF drift-rate weights ( $r = -0.48$ ,  $p = 0.009$ ; see Supplemental Figure S6A). There was no association of gambling symptom severity and the context related increase of MB drift-rate weights (see Supplemental Figure S6B).

## DISCUSSION

Here we comprehensively examined the contextual modulation of two putatively trans-diagnostic markers implicated in addiction, temporal discounting (Bickel et al., 2019; Lempert et al., 2019) and model-based control (Gillan et al., 2016; Gillan et al., 2020) in a pre-registered study. We studied regular slot machine gamblers, a group previously characterized by high levels of temporal discounting (Wiehler & Peters, 2015) and reduced model-based control (Wyckmans et al., 2019).

Following a seminal study by Dixon et al. (Mark. Dixon, Jacobs, & Sanders, 2006), regular gamblers were tested in gambling environments (slot-machine venues) and neutral control environments. Gambling cue exposure modulated temporal discounting and model-based control in gamblers in opposite ways: replicating Dixon et al., (2006), discounting substantially increased in a gambling context. In contrast, model-based (MB) control improved (increased). This differential modulation of two prominent trans-diagnostic traits in (behavioral) addiction has important theoretical and clinical implications.

Theoretical accounts highlight the central role of addiction-related cues and environments in drug addiction (T. Robinson & Berridge, 1993). Similar mechanisms have been suggested to underlie gambling disorder (M. J. F. Robinson et al., 2016). Because terrestrial slot machine gambling is directly linked to specific locations, gambling disorder is uniquely suited to investigate the impact of cue exposure on behavior. We replicated the finding of Dixon et al. (2006) of steeper discounting in gambling vs. neutral environments in gamblers. This effect was observed across model agnostic analyses (proportion of LL choices) and computational modeling (softmax, drift diffusion models [DDM]). We additionally extended these earlier results in the following ways. First, we observed an association of this effect with maladaptive control beliefs (GRCS) (Raylu & Oei, 2004) suggesting that such beliefs contribute to increased temporal discounting in gambling environments. These gambling-related cognitions correspond to beliefs, ideas, urges and intentions associated with gambling. They were originally identified while asking gamblers to comment on their thoughts and intentions while gambling (“speaking out loud method”) (Gilovich & Douglas, 1986). The GRCS scale captures these erroneous cognitions using five subscales corresponding to e.g. illusionary control over outcomes, understanding gambling machines i.e. predicting outcomes or reframing losses when unsuccessful [for details see (Raylu and Oei 2004)]. Second, in a subset of participants, we confirmed that exposure to gambling environments substantially increases subjective craving. Third, comprehensive modeling via DDMs revealed additional effects on latent decision processes. The gambling context-related attenuation in non-decision time mirrors previous effects of pharmacological enhancement of dopamine transmission (Wagner et al. 2020). In contrast to these earlier pharmacological results, we observed a substantial *increase* in maximum drift rate ( $V_{max}$ ) in the gambling context, reflecting increased value sensitivity of RTs. Lastly, our results complement cue-reactivity designs showing increased impulsive and/or risky choice in gamblers during exposure to gambling cues in laboratory studies (Dale et al., 2019; Genauck et al., 2020; Miedl et al., 2014). However, effect sizes during naturalistic cue exposure (e.g. the present study and Dixon et al., 2006) were substantially larger than during lab-based exposure in these previous studies.

In addition to temporal discounting, we included a 2-step sequential decision-making task designed to dissociate model-based (MB) from model-free (MF) contributions to behavior (Daw et al., 2011). Reductions in MB control are associated with compulsivity-related disorders (Gillan et al., 2016; Gillan et al., 2020; V. Voon et al., 2015a). We observed increased MB learning and reduced MF learning in gamblers in the gambling context, a pattern of results consistent between softmax and DDM models. These findings were again corroborated by model-agnostic analyses. First, participants earned more points in the gambling context, an effect linked to MB learning (Kool et al., 2016). Second, the slowing of RTs following rare transitions, an indirect measure for MB learning (Otto et al., 2015) tended to be more pronounced in the gambling vs. neutral context. Likewise, the increased S1 RTs after greater S2 reward in the gambling context indicated increased response caution in the following S1 choice in the gambling context. A finding that make sense if MB control is enhanced, because participants carefully evaluate their next action. The MF effect correlated with gambling symptom severity in an exploratory analysis, such that higher symptom severity was associated with a greater reduction in MF reinforcement learning in the gambling context. Together, these findings converge on the picture of *decreased* MF and *increased* MB control in gamblers when tested in gambling-related environments.

The latter result contrast with our pre-registered hypothesis of *reduced* MB control, which was based on findings of reduced MB control in populations with extensive habit formation (Gillan et al., 2016; Gillan et al., 2020; V. Voon et al., 2015b). Addiction is likewise thought to be inherently



associated with pathological habits (Barry J Everitt & Trevor W Robbins, 2005; Robbins & Everitt, 1999) which are thought to be triggered by exposure to environmental cues (Antons et al., 2020). We thus hypothesized gambling environments would likewise trigger increased MF behavior and reduced MB behavior on the 2-step task. However, critics of habit theory have emphasized that addiction might in contrast be associated with excessive goal-directed behavior, in particular in the presence of addiction-related cues (Hogarth, 2020). Our findings are more in line with this latter perspective. This interpretation is compatible with incentive sensitization theory (T. Robinson & Berridge, 1993; Terry E. Robinson & Berridge, 2008), which proposes that addiction-related environments exert their influence on behavior in part via a potentiation in dopamine release (Anselme & Robinson, 2013; Berridge, 2016; T. E. Robinson & Berridge, 2001). Earlier studies observed increased MB control following increases in DA neurotransmission (Sharp et al., 2016; Wunderlich et al., 2012), which could contribute to the present findings regarding 2-step task performance. Furthermore, our results are compatible with decreased MF control under L-Dopa (Kroemer et al., 2019). The gambling context might thus enhance goal-directed control via an improved construction and/or utilization of the task transition structure. This interpretation further resonates with other perspectives on DA function including a regulation of outcome sensitivity or precision (FitzGerald et al., 2015; Shiner et al., 2012), or the general motivation to exert (cognitive) effort (Berke, 2018). The observed increase in S2 learning rates could likewise be mediated in part by increases in DA transmission (Frank & O'Reilly, 2006).

If the effects of gambling environments on 2-step task performance are (at least in part) driven by increases in DA, then the question arises why gamblers at the same time exhibited substantially increased temporal discounting. The literature on DA effects on temporal discounting is a mixed bag (D'Amour-Horvat & Leyton, 2014) with some studies showing reduced discounting (van Gaalen et al., 2006; Wagner et al., 2020), some increased discounting (Pine et al., 2010) and others suggesting baseline-dependent effects (Petzold et al., 2019).

Given that DA was neither measured nor directly manipulated here, these issues cannot be directly resolved. However, our data might nonetheless provide some insights. Effects of DA on decision-making might depend on both task and context (Mikhael et al., 2021). Under this view, DA signals average reward in the environment (context) and its effects on performance further differ as a function of task controllability [see (Mikhael et al., 2021) for details]. DA might thus facilitate cognitive control (Ott & Nieder, 2019; Westbrook et al., 2020) when cognitive effort requirements are high, and there is control over the outcome (e.g. 2-step task). In contrast, DA might facilitate impulsive choice for cognitively less demanding tasks (e.g. temporal discounting task) that are performed in an addiction-related context (Antons et al., 2020; Terry E. Robinson & Berridge, 2008) signaling high reward (Mikhael et al., 2021). A further mechanism known to modulate temporal discounting is episodic future thinking or future prospection (Gershman & Bhui, 2020; Peters & Büchel, 2010). Future prospection has been shown to attenuate temporal discounting in a range of settings (Rösch et al., 2021) and might be attenuated at gambling venues. Participants might be generally focused on the present in the presence of cues or contexts endowed with high levels of incentive salience (Flagel et al., 2009).

Our results show that two prominent (potentially trans-diagnostic) computational processes, temporal discounting and MB control, are differentially modulated by addiction-related environments in regular slot machine gamblers. This provides a computational psychiatry perspective on factors that contribute to the understanding of this disorder. The substantial contextual effects on temporal discounting further highlight the potential clinical relevance of this process (Amlung et al., 2019; Lempert et al., 2019). Gambling disorder is reliably associated with increased temporal discounting (Mark. Dixon et al., 2003; Mark. Dixon, Jacobs, & Sanders, 2006; MacKillop et al., 2011; Miedl et al., 2012; Wiehler & Peters, 2015). This trait-like behavior then appears to be further exacerbated during exposure to gambling-related environments, potentially contributing to the maintenance of maladaptive behavior. In contrast, MB control improved (increased) in a gambling context, despite the fact that an earlier study reported reduced MB control in gamblers (Wyckmans et al., 2019). In general these findings are further compatible with a greater tendency for pattern matching (Wilke et al., 2014) or enhanced cause-

effect associations that might translate into increased MB control (Joukhador et al., 2004) and studies suggesting that DA increases the willingness to spend cognitive effort (Westbrook et al., 2020; Westbrook et al., 2021). 2-step task transitions are not random, but can be learned and exploited. An increased tendency to seek for patterns during gambling context exposure might facilitate this behavior. Our findings suggest that gamblers do generally show MB control, which contrasts in parts with one recent study (Wyckmans et al., 2019). This is supported by the robust RTs increases observed following rare transitions (Supplemental Table S7, Supplemental Figure S3) and the positive MB parameters observed across models, somewhat contrasting with the findings of Wyckmans et al. (Wyckmans et al., 2019), although different 2-step task versions have been used in these studies.

We also extended previous studies on this topic via a recent class of value-based decision models based on the DDM (Fontanesi et al., 2019; Pedersen et al., 2017; Peters & D'Esposito, 2020; Shahar et al., 2019; Wagner et al., 2020). Comprehensive RT-based analysis revealed that standard DDM parameters were largely unaffected by context, suggesting that primarily MF and MB contributions to evidence accumulation were affected by gambling environments (Figure 10.). Posterior predictive checks showed that a DDM with non-linear trial-wise drift rate scaling captured the relationship of decision conflict (SS-LL value difference) and RTs, replicating prior findings (Peters & D'Esposito, 2020; Wagner et al., 2020). We previously reported good parameter recovery of such temporal discounting DDMs (Peters & D'Esposito, 2020; Wagner et al., 2020).

A number of limitations need to be acknowledged. First, as in the original study (Mark Dixon, Jacobs, & Sanders, 2006) we did not test a non-gambling control group. However, the observed associations between experimental effects and gambling symptom severity / gambling-related cognition (GRCS) suggests that these effects are at least in part driven by the underlying problem gambling symptoms. Second, MB and MF effects in the 2-step task might be affected by the degree to which participants understand the instructions and/or the degree to which they form an adequate model of the task environment (Da Feher Silva & Hare, 2020). Participants in our study were well instructed in written and verbal form and completed extensive training trials. Furthermore, due to the counterbalanced exposure, a lack of understanding of task instructions is unlikely to account for the systematic increase in MB control observed in the gambling context. However, this does not rule out the possibility that participants might have (additionally) adopted alternative model-based strategies not captured by our models. Third, MB control might more generally be related to attentional or motivational processes. Thus, gamblers just might be more motivated to perform while in an environment that is associated with reward and motivates them or primes attentive processes. For example, in general incentives can boost 2-step task performance (Patzelt et al., 2019). Again, due to the lack of control group, it remains an open question of whether MB control in the gambler group as a function of gambling context exposure was increased to a level comparable to or even superior to healthy controls. However, we ensured that mean and variance of reward walks as well as incentives were identical in both contexts. Fourth, although participants were tested in the same venues, the number of customers present varied across participants, affecting e.g. noise levels and auditory gambling cues (slot machine sounds etc.). A trade-off between the control of such variables and ecological validity is unavoidable when testing in naturalistic settings. Finally, DA neurotransmission was obviously not assessed, rendering our interpretation of the effects in terms of the incentive sensitization theory speculative. But the substantial increase in subjective craving supports the idea that cue exposure had subjective effects predicted by incentive sensitization.

To conclude, here we show that two computational trans-diagnostic markers with high relevance for gambling disorder in particular and addiction more generally are modulated in opposite ways by exposure to real gambling environments. Gamblers showed increased temporal discounting in a gambling context, and this effect was modulated by maladaptive control beliefs. In contrast, MB control improved, a finding that posits a challenge for habit/compulsion theories of addiction. Ecologically valid testing settings such as those investigated here can thus yield novel insights into environmental drivers of maladaptive behavior underlying mental disorders.

Model code and raw choice data is available on the Open Science Framework: <https://osf.io/5ptz9/>.

## ADDITIONAL FILES

The additional files for this article can be found as follows:

- **Supplemental Information.** Supplemental Tables, Figures and Results. DOI: <https://doi.org/10.5334/cpsy.84.s1>
- **Raw choice data:** Intertemporal Choice- and 2-Step Task datasets for all participants. DOI: <https://doi.org/10.5334/cpsy.84.s2>

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## COMPETING INTERESTS

The authors have no competing interests to declare.

## AUTHOR CONTRIBUTIONS

JP conceived the idea and acquired the funding. JP and BW designed the study. BJW acquired the data. BJW analyzed the data and performed the modeling. DM contributed analytical tools/software. BJW wrote the first draft of the paper. BJW and JP wrote the paper. DM provided revisions. JP supervised the project.

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